



# Discover Vorpommern

PRISTINE NATURE, UNIQUE CULTURE AND MARITIME TRADITIONS



# YOUR TIME IN VORPOMMERN

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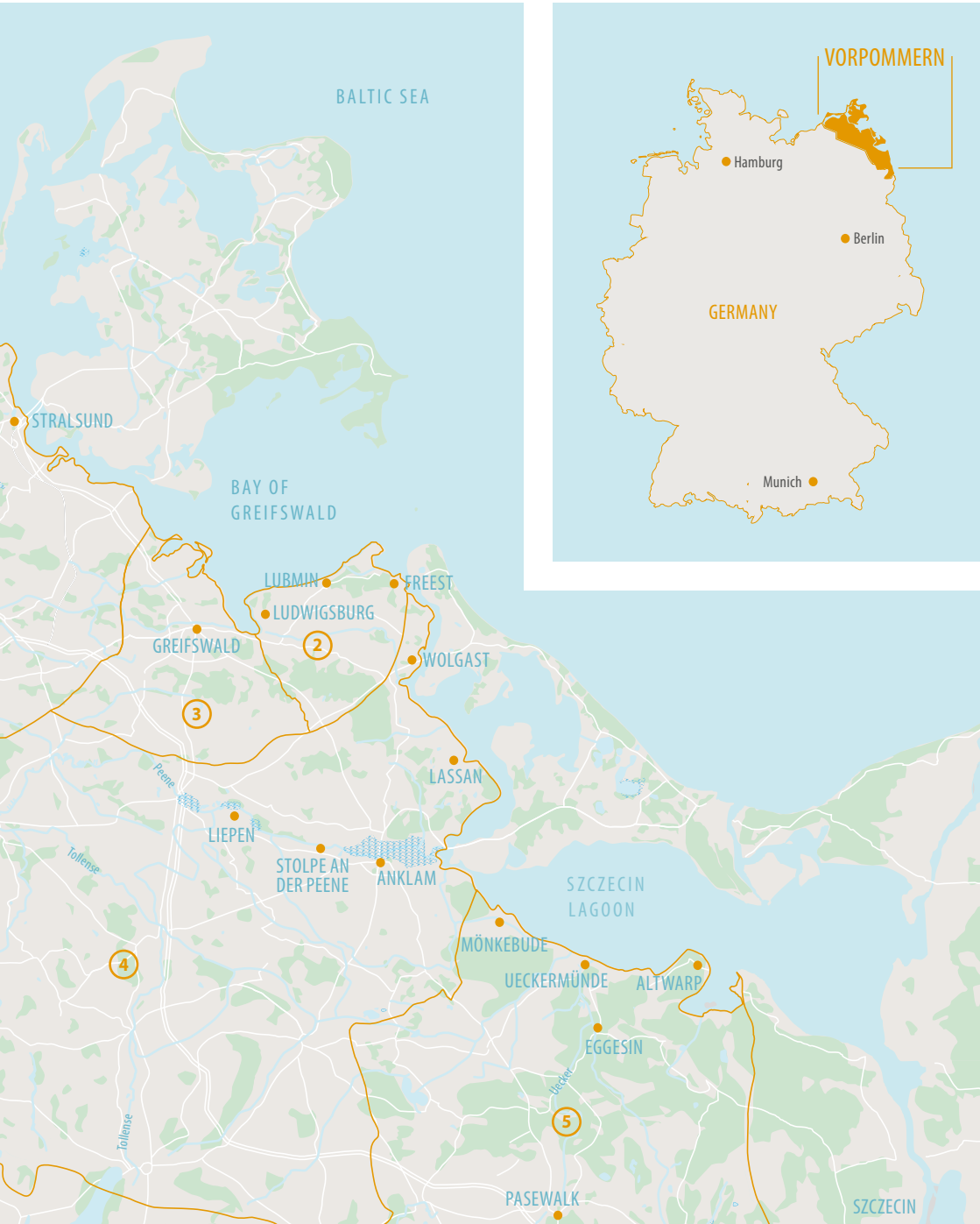
The orange borders show the destinations of Vorpommern's Mainland.

- ① Strelasund, Trebel Valley and Bird Park Region Recknitz Valley
- ② Seaside Resort Lubmin and Bay of Greifswald
- ③ University and Hanseatic Town of Greifswald and surrounding area
- ④ Peene Valley and Peenestrom
- ⑤ Szczecin Lagoon

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Whether on land or water, the mainland in Vorpommern always has a few surprising facts up its sleeve.


## WELCOME TO VORPOMMERN, YOUR HOLIDAY DESTINATION

Vorpommern welcomes you with pristine nature, endless expanse, quaint fishing villages and lovingly restored old towns. This is an ideal holiday region for families, cultural holidaymakers and nature lovers.

On the southern Baltic coast and with direct access to Szczecin Lagoon, Vorpommern is perfect for a holiday on the water. The hinterland's unspoilt river valleys and broad landscapes of meadows

and forests are equally captivating. The erstwhile source of inspiration for Romantic artists *Caspar David Friedrich* and *Philipp Otto Runge* still enchants today with its unrivalled beauty.

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# 160

The Recknitz and Trebel rivers formed the historical border between Mecklenburg and Vorpommern. Together, these rivers are nearly **160 kilometres** in length.

## STRELASUND, TREBEL VALLEY AND BIRD PARK REGION RECKNITZ VALLEY

The Strelasund separates the island of Rügen from the mainland and connects the Baltic Sea with the Bay of Greifswald. The scenery along the rivers Recknitz and Trebel promises pure nature and rich fauna and flora. You are sure to have a varied holiday in the region around the Recknitz and the towns of Bad Sülze, Marlow

and Ribnitz-Damgarten. Set off from Marlow on cycling or walking tours, delighting in the fields of rapeseed and cornflowers, historic estates, fieldstone churches, handicrafts and producers of regional products like oils, mustard, liqueurs or salt sweets. Following the salt trail will lead you to the *Salt Museum* in Bad Sülze or along the *old Salt Road*.



The longest unbroken stretch of sandy beach on Vorpommern's mainland is **5 kilometres** long in the seaside resort of Lubmin.

## SEASIDE RESORT LUBMIN AND BAY OF GREIFSWALD

The region on the Bay of Greifswald entices with broad sandy and idyllic natural beaches. The shallow water is perfect for a relaxing family holiday. With a 350 metres long pier, coastal forest and lots of things to do, Lubmin is a popular seaside resort. Far away from mass tourism, the small natural bea-

ches in the area, e.g. in Ludwigsburg or Vierow, are a real insider tip. If you like things a bit more active, let off steam at the surfing and kitesurfing spots in Loissin or Lubmin, where you can also try the popular stand-up paddleboarding.





The town's most famous son is Caspar David Friedrich – born in Greifswald in 1774. A festival is held in his honour every year on the last weekend in August. There's a major **anniversary around the corner in 2024** which will mark 250 years since his birth.

## UNIVERSITY AND HANSEATIC TOWN OF GREIFSWALD

Historic city ambience meets modern student life in the University and Hanseatic Town of Greifswald. You will find traditional masonry, beautifully restored old churches and the biggest museum harbour in Germany on a section of the

*European Route of Brick Gothic* and the *Swedish Heritage Trail*. Colourful life is going on behind the pretty façades: *Nordischer Klang*, *Bach Week* or *Eldena Jazz Evenings* are just a few examples of the diverse cultural events.







The flood plain of the river Peene covers approx. **20,000 hectares**, making it one of the largest continuous fens of Central and Western Europe.

## PEENE VALLEY AND PEENESTROM

With its *Peene Valley River Landscape Park*, the Peene region offers a unique and pristine landscape that is home to rare plants and animals. Experience this biological diversity with soft tourism experiences, such as a Peene safari in a quiet solar boat. Or why not try paddling a canoe and look out for the many beavers that make their home here. There are many rest areas along the river where canoe adventurers can take a break. Historic

manor houses offer regional delicacies, while the Hanseatic Town of Anklam, birthplace of aviation pioneer *Otto Lilienthal*, awaits with many cultural experiences. Peene river region won the EDEN award 2010 and the special prize “*nature experience & biological diversity*” in the German National competition for Sustainable Tourism Destinations 2016/2017.







Anyone walking on the inland dunes in Altwarp which can be up to **15 metres** high, is liable to encounter a lion – an antlion.

## SZCZECIN LAGOON

Peaceful natural beaches on the coast of the lagoon, forests, meadows and unique inland dunes – all this is offered by the unspoilt nature of Szczecin Lagoon. The *Szczecin Lagoon Nature Park* with visitor centre in Eggesin features amazing diversity from lowland fens to heath and sand landscapes. The seaside resort of Ueckermünde with its historic old town lies at the mouth of the Uecker on Szczecin Lagoon. The Brohme and

Helpt Hills undulate gently to the south of Szczecin Lagoon. The little fishing villages are a sprinkling of rustic charm around the lagoon. The seaside resort of Ueckermünde and the resort of Mönkebude are distinguished as family-friendly resorts, offering an ideal holiday destination for the whole family!





## TRADITION MEETS MODERN: HISTORIC MANOR HOUSES ON THE PEENE, THE AMAZON OF THE NORTH

Vorpommern captivates with countless manor houses that combine historic charm with modern life.

A unique cobblestone drive flanked by ancient trees leads to *Gutshaus Stolpe*. Built by the mid-19th century, the historic estate is now home to a family-run country hotel with a gourmet restaurant. The top chefs in the manor house kitchen have been upholding their Michelin star since 1998,

conjuring up amazing menus using regional products with huge finesse. Just a few kilometres further on and you come to *Gutshof Liepen*. Here too a historic manor estate has been converted into a comfortable hotel with restaurant. The cuisine in Liepen features impressive creativity and regionality: herbs from the garden and game from Vorpommern's forests are served here in creative dishes.

Built over **350 years** ago, *Stolper Fährkrug* is Vorpommern's oldest country inn. To this day, it serves hearty Pomeranian cuisine in the very spot where in his time, the poet Fritz Reuter often used to partake of the local snacks.

# 350

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The ruins of Eldena Abbey were Friedrich's favourite motif. The key feature of most of his paintings was the abbey's west façade, approximately **16 metres** in height. Discover further stops along the *Route of North German Romanticism* with an audio tour to be found at: [romanticism.vorpommern.de](http://romanticism.vorpommern.de)

## ROUTE OF NORTH GERMAN ROMANTICISM

The expanse of Vorpommern's unspoilt nature was already attracting inspiration-seekers to the region in the Romantic period from the end of the 18th into the 19th century. The most famous of these is *Caspar David Friedrich*, a son of the University and Hanseatic Town of Greifswald. Follow in his footsteps and those of his contemporaries! The *Route of North*

*German Romanticism*, a 54-km-long themed cycle trail that connects with the *Caspar-David-Friedrich-Trail* in the University and Hanseatic Town of Greifswald, not only reveals important places connected to *Caspar David Friedrich*, but also to his companion *Friedrich August von Klinkowström* from Ludwigsburg and his friend *Philipp Otto Runge* from Wolgast.



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## TRADITIONAL FISHING VILLAGES

From the bay to the lagoon, the Pomeranian coast is dotted with charming fishing villages and traditional harbours. Whether fresh flounder or native garfish – many of the fishing villages in Vorpommern offer the catch of the day right on the harbour. Besides the little fishing village of Freest, the harbours in Greifswald-Wieck, Lassan, Mönkebude, Uecker-  
münde, Altwarp and Rieth are also enriched by authentic handicrafts. Most of the active fishermen in Mecklenburg-Vor-

pommern are to be found in the fishing village of Freest. This is the home port for around 20 fishermen – visit in the mornings to buy fresh fish direct from the fishing boats.

It takes about 160 hours  
to produce one square metre  
of hand-knotted fisherman's  
carpet from Freest, consisting  
of 57,600 knots.



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## DROP ANCHOR IN VORPOMMERN

Charter your own boat or help to sail a traditional sailing ship – either way, sailors and power-boaters will find ideal conditions for a sailing or boating holiday along the South Baltic coast! Criss-cross the waters around the islands of Rügen, Hiddensee and Usedom, in the bays of Barth and Greifswald or plot your way up the river Peene and the Szczecin Lagoon. Whether you're looking for

idyllic natural harbours far from the madding crowds of tourists or star-rated marinas with an extensive range of services – there is a large and varied selection of harbours at your disposal. The jetties for the towns of Greifswald, Stralsund or Wolgast are just a few minutes' walk from the town centre – ideal for a cultural stopover! In many of Vorpommern's harbours, you can also join historical sailing ships and play an active role in helping to sail them. Further information can be found at: [southcoastbaltic.eu/en](http://southcoastbaltic.eu/en)

From its home port of Wolgast, the **240 ton** traditional sailing ship *Weisse Düne* offers overnights and trips out to sea.

# 240





## THE POMERANIAN WAY OF ST JAMES

With 40 stages and a length of 800 km, the Pomeranian “Jakobsweg” pilgrim’s trail stretches from Kretinga in Lithuania to Swinemünde and on through Vorpommern to Rostock, where it connects with the Via Baltica pilgrim’s trail, which runs all the way to Santiago de Compostela.

Passing through different Baltic, Polish and German towns, the Pomeranian Way of St James takes you on a spiritual adventure along the Baltic coast across Vorpommern through a richly varied landscape.

Pilgrims are extremely welcome in Lassaner Winkel, the rural area on the Peenestrom and Achterwasser, which is famous for herbs, art and kettle holes.

There are more than **300 medicinal plants** and spices to be found in the scent and touch garden of Papendorf in Lassaner Winkel.



# 300



## GETTING HERE

**ALL ROADS LEAD TO VORPOMMERN** — Whether by car, train, coach, ship or plane – we show you convenient and fast connections to the Baltic region of Vorpommern. We wish you a good and safe journey whatever route you choose!

**By rail:** The IC/ICE train from Berlin takes about two and a half hours to Greifswald, while the regional train takes around three hours. There is a direct connection from Munich that takes 8 hours and 40 minutes. From Poland there are several direct connections a day from Szczecin to Pasewalk, from where there are direct services to Anklam, Greifswald and Stralsund.

**By car:** If you have your own car or a hire car from the airport, you approach Vorpommern from the north-west on the A20 motorway. The drive from Hamburg

takes approx. three hours. You can get to Greifswald from Berlin in approx. two and a half hours using the A11 and A20.

**By plane:** Flight connections to Heringsdorf and Rostock-Laage are available, bringing holidaymakers to the region quickly and easily.

Flight schedules for Rostock-Laage: [www.rostock-airport.de](http://www.rostock-airport.de)  
for Heringsdorf on the island of Usedom: [www.flughafen-heringsdorf.de](http://www.flughafen-heringsdorf.de)

**By ferry:** The ferry port at Sassnitz connects Vorpommern with Trelleborg in southern Sweden, Rønne on Bornholm, Klaipeda (Memel) in Lithuania and Saint Petersburg in Russia.

## LEGAL NOTICE

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we will be happy to advise you directly, on the phone or online.**

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